



Child allergy

— Consultation

The Spaarne Gasthuis offers a specialised consultation for children with allergies. This consultation is held at the Spaarne Gasthuis Haarlem Zuid.

For what complaints can your child attend this consultation?

- Symptoms of eyes, nose, or lungs thought to be caused by an allergy (such as a grass and/or tree pollen allergy, dust mite allergy and allergic asthma).
- Hypersensitivity to food thought to be caused by an allergy (such as a cow's milk protein allergy, a chicken egg allergy and an allergy to peanuts or nuts).
- Hypersensitivity to medication, thought to be caused by an allergy.
- Episodes of hives or facial swelling.
- Eczema thought to be caused by an allergy.

The appointment

Your child has an appointment with the doctor's assistant and one of the paediatricians.

Doctor's assistant

You will first have an appointment with the doctor's assistant. She will check both you and your child's data. Please bring the following with you:

- Proof of registration with your health insurer
- Valid ID
- Name and address of your pharmacy
- Referral letter from your GP
- Current overview of the medication that your child takes.

Your child will be weighed and measured.

Paediatrician

The appointment with the doctor consists of two parts. The first part of the appointment consists of a discussion of your child's symptoms and a physical examination.

If necessary, a skin prick test will be performed in the second part of the appointment.

You can find more information about the skin prick test in the folder "Skin prick test" on our website.

After the skin prick test, you will receive the results and the treatment plan from the paediatrician.

The visit to the doctor's assistant, the paediatrician and the skin prick test takes a total of 1–1.5 hours.

Preparation at home

Allergy medication

Before the assessment of the skin test, it is important that your child stops taking their allergy medication on time. This refers to antihistamines in tablets or liquid form. Your child should stop taking their allergy medication (antihistamines) **at least 3 days** before the skin prick test. You can find examples of antihistamines in the skin test folder.

Body lotion, creams, ointment

Do not apply body lotion, creams or ointments, etc. to the arms on the day of the skin test.

Questions

If you have any questions, write them down in advance so that you don't forget anything, or call the Paediatric Outpatient Clinic +31 23 224 0070.

Waar zijn we te vinden?

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